



# Association of Anaesthetists

## Advanced Ultrasound Guided Regional Anaesthesia (AURA) – 2 day seminar

**Wednesday 30 & Thursday 31 January 2019**

**Location:** 21 Portland Place, London, W1B 1PY

**Organisers:** Dr Sheelaj Sharma, Basildon

### Day 1 – Wednesday 30 January 2019

- 08:30**            **Registration**
- 09:00**            **Introduction & housekeeping**  
Dr Sheelaj Sharma, Basildon
- 09:15**            **Ultrasound physics and injection technique**  
Dr Arun Venkatraju, Winchester
- 09:45**            **Laparotomy and enhanced recovery**  
Dr Madan Narayanan, Frimley
- 10:15**            **Masterclass – Ultrasound physics and abdominal wall blocks**  
Dr Arun Venkatraju, Winchester & Dr Madan Narayanan, Frimley
- 10:45**            **Tea & coffee**
- 11:15**            **Brachial plexus block – What's new?**  
Dr Sheelaj Sharma, Basildon
- 11:45**            **Liopsomal bupivacaine – Research and it's future**  
Dr Irfan Raza, Frimley
- 12:15**            **Masterclass – Dynamic screening of ISB plus suprascapular and axillary nerve block**  
Dr Sheelaj Sharma, Basildon & Dr Irfan Raza, Frimley
- 12:45**            **Lunch**
- 13:45**            **Complex foot surgery and role of regional anaesthesia**  
Dr Roger Garforth, Norwich
- 14:15**            **Chest wall blocks - Evidence base and utility**  
Dr Teresa Parras, London
- 14:45**            **Masterclass – Ankle blocks: Tricks of trade**  
Dr Roger Garforth, Norwich & Dr Sumit Gulati, Liverpool
- 15:15**            **Tea & coffee**
- 15:45**            **Spinal sonography – Evidence and research**  
Dr Sheelaj Sharma, Basildon
- 16:15**            **Spinal sonography – Indications and dynamic scanning methodology**  
Dr Madan Narayanan, Frimley

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- 16:45**            **Masterclass on spinal sonography**  
Dr Sheelaj Sharma, Basildon & Dr Madan Narayanan, Frimley
- 17:15**            **Discussion**
- 17:30**            **Close**

### Day 2 – Thursday 31 January 2019

- |              |  |   |
|--------------|--|---|
| <b>09:00</b> | <b>Registration</b>  | <b>Station 1 - Above clavicle (ISB&amp;SCB)</b><br>Dr Amit Soodan and Dr Akshat Shah                                      |
| <b>09:30</b> | <b>Welcome &amp; housekeeping</b><br>Dr Sheelaj Sharma, Basildon | <b>Station 2 - Below clavicle (Infraclav, Axillary BP)</b><br>Dr Gagan Atwal and Dr Suyogi Veerappa                       |
| <b>09:45</b> | <b>Scanning station 1</b>  | <b>Station 3 - Abdominal blocks (TAP, Rectus sheath, QL, Inguinal Field)</b><br>Dr Roopa Chateerjee and Dr Sheelaj Sharma |
| <b>10:30</b> | <b>Scanning station 2</b>  | <b>Station 4 - Lower limb (FIB, FNB, ACB, Obturator)</b><br>Dr Smita Singh and Dr Simeon West                             |
| <b>11:15</b> | <b>Tea &amp; coffee</b>  | <b>Station 5 - Popliteal sciatic &amp; Postr Tibial</b><br>Dr Roger Garforth and Dr Arun Venkatarju                       |
| <b>11:45</b> | <b>Scanning station 3</b>  | <b>Station 6 - Needling (Meat)</b><br>Dr Irfan Raza   |
| <b>12:30</b> | <b>Scanning station 4</b>  | <b>Station 7 - Chest wall blocks</b><br>Dr Madan Narayanan and Dr Su Cheennng   |
| <b>13:15</b> | <b>Lunch</b>   |   |
| <b>14:15</b> | <b>Scanning station 5</b>  |   |
| <b>15:00</b> | <b>Scanning station 6</b>  |   |
| <b>15:45</b> | <b>Tea &amp; coffee</b>  |   |
| <b>16:00</b> | <b>Scanning station 7</b>  |   |
| <b>16:45</b> | <b>Feedback &amp; close</b>                                      |   |

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